## 3 TRUTHS learnt in TRIALS

## By Reverend Ashok Andrews

I read Psalm 88 this morning. It is a Palam that springs from a life of great pain-

These are the themes of the entire Psalm

- ✓ Discouragement
- ✓ Darkness
- ✓ Denial
- ✓ Deserted
- ✓ Death

It is a Psalm that depicts an absolutely hopeless situation.

What caught my attention is verse 1-

Lord, You are the God who saves me; day and night I cry out to You.

**Psalm 88:1** 

Ponder this- Even when everything was falling apart & life was hopeless, the Psalmist does 3 things-

- 1) He realises that God is SOVEREIGN- YOU are LORD- No matter what my circumstances
- 2) He knows that only GOD can SAVE him- YOU are the GOD who SAVES me.
- 3) He waits on GOD STEADFASTLY- day & night I cry out to you.

As we begin a new week may we remember- GOD is SOVEREIGN-HE alone can SAVE us- let us hold on STEADFASTLY- seek HIM day & night.

I just prayed for your family & you. Have a wonderful day & a great week ahead.